

# Middle School Mentoring

## Meeting 6

We have one more mentoring week after this one. With spring just around the corner, we need to remind the young ones about planning and preparing for what's ahead.

The first thing you will do is discuss the word "regret." Webster tells us the word regret means "to be very sorry for." Discuss how regret is a horrible feeling and we need to do everything we can now to take advantage of the opportunities in front of us. We don't want to have regrets in May for poor decisions we are making now. Feel free to share a personal (but appropriate) story about something you regret here at school and what you wish you had done differently.

Give them guidance on how to handle TNReady testing. Tell them to schedule their studying and not wait until the last minute. Go over the importance of taking the tests seriously, but also ways to avoid over analyzing and unhealthily stressing and obsessing. Any additional and appropriate proactive study tips you can share with them would be great.

Our last mentoring session in April will be focused on last-minute study tips. You may want to plan now for bringing snacks or treats for that last session, as well as any last-minute study tips you can share with your group. In all, make sure you and your group stays focused today. Every moment counts and we don't need to be wasting any opportunity we have for growth.

Mr. N